**Breakfast Burrito**

Serves 4

4 large flour tortillas

2 onions, green, chopped

6 large eggs, lightly beaten

approx.. 2 T milk or water

1 cup Monterey Jack cheese, grated

1/4 cup prepared salsa

other vegetables as desired

Preheat the oven to 300 degrees

Wrap tortillas in foil and place in oven

Chop onion and grate cheese, set aside

Crack eggs into a bowl add milk and whisk until fluffy, set aside

Spray skillet with PAM and add eggs and scramble

Remove tortillas from oven and open flat

Split the eggs evenly on the tortillas and top with onions, cheese and salsa

One at a time, fold the bottom edge of each tortilla up and over the eggs fold in each side edge to form an open pocket, then fold down that edge. If not eating immediately, wrap tightly in foil.